

It is becoming increasingly clear that the spike protein of SARS-CoV2 is responsible for a large part of the health damage in Long-Covid and Post-Vac. The number of those who fall ill long-term after vaccination and/or covid disease is significantly higher than officially communicated. At the same time, guideline medicine has so far failed to develop and offer effective and sustainable solutions to these problems. The existence of Post-Vac remains largely denied, ignored or downplayed. Those affected are frequently fobbed off with psychosomatic diagnoses. Long-Covid patients are indeed treated - but usually incorrectly, mainly with painkillers and psychotropic drugs. Those affected by spike damage are largely left alone, which often leads to frustration, disappointment, and despair.

This book answers the critical questions about Post-vac and Long-Covid:

- How do these disorders work, and what problems are we dealing with?
- How can these processes be detected diagnostically, and which examinations are necessary and purposeful?
- How can the issues identified be successfully dealt with and overcome? Which drugs, supplements, plant extracts and micronutrients may be beneficial?
- What can I do myself? When do I need a physician? What should I discuss with my doctor?
- How can I find a suitable clinic?

In addition to detailed but comprehensible chapters on these aspects, the book offers compact summaries of the most important protocols and a detailed index and bibliography. This makes it much easier to find and cross-reference information. The work is aimed both at those affected and their relatives as well as at medical professionals who want to confront post-vac and long-covid in a well-founded and systematic way. This compendium can be of valuable service to both groups as a manual and reference work; the protocols it contains have proven themselves to be effective in practice thousands of times.

The way back to health is within our power.

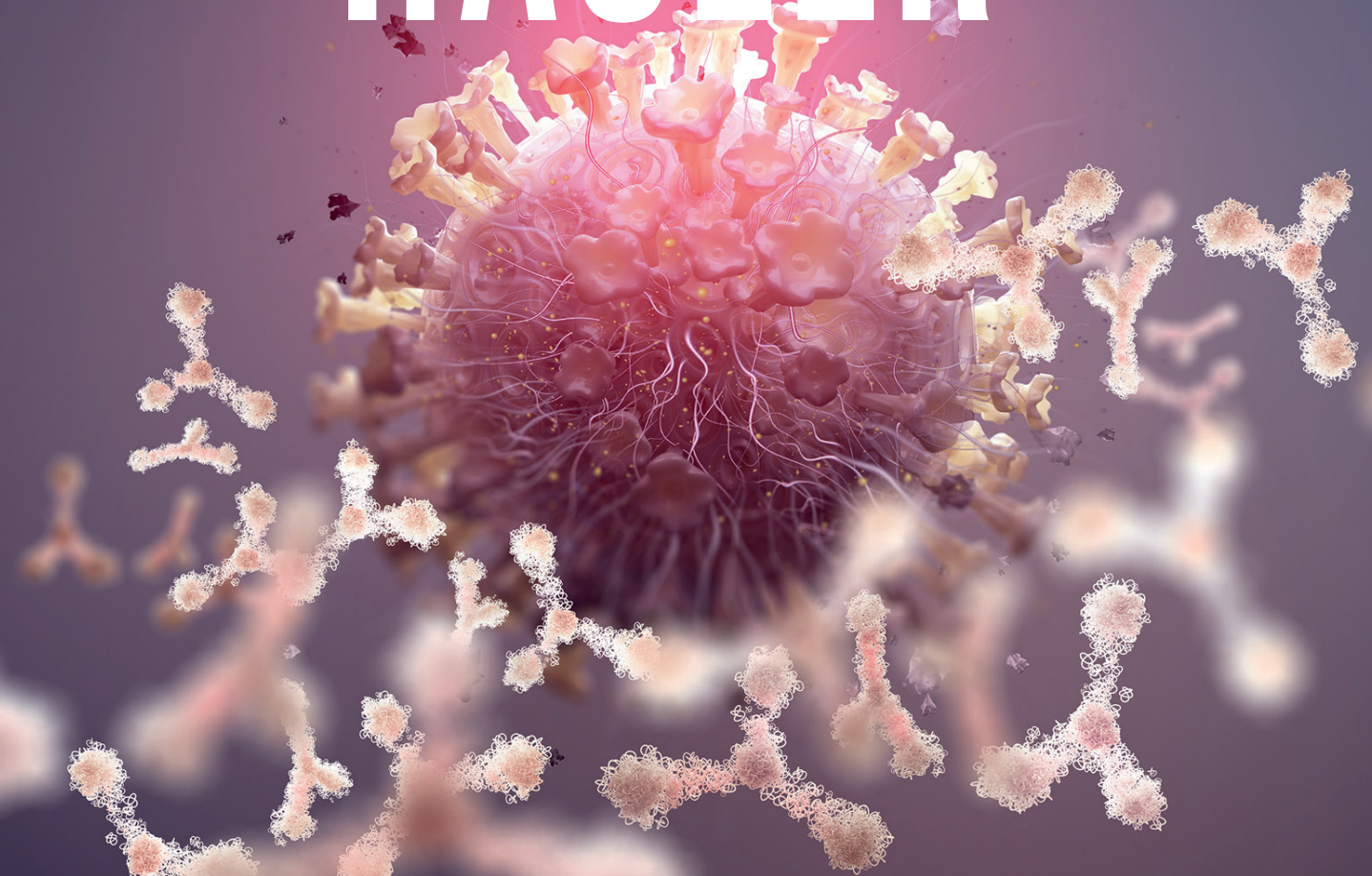


LONG HAULER

F. SCHILLING

FLORIAN SCHILLING

LONG HAULER



SOLUTIONS FOR LONG-COVID
AND POST-VAC